

# Addressing the Pediatric Mental Health Emergency in Clinical Settings

Illinois Physicians Collaborative in Support of Children's Mental Health

**FRIDAY, MAY 12 | 8 AM-NOON | FREE EVENT**  
**REGISTER AT: [ILLINOISPSYCHIATRICSOCIETY.ORG](https://www.illinoispsychiatricsociety.org)**  
*SPACE IS LIMITED.*

Access to mental health has long been a challenge, even for those of means. Join us for an **interdisciplinary collaboration** of **pediatricians, family medicine physicians, and psychiatrists** as they present different case vignettes and discuss their respective approaches to case formulation and management. Learn from the experts working in collaborative care and take a step towards greater access to the gold-standard of care provided to Illinois patients. Topics for discussion include developmental disorders (e.g., autism spectrum disorder,) regulation disorders (e.g., ADHD, mood disorders), and trauma in the context of the COVID-19 pandemic.

**CASE PRESENTERS:** Dr. Rachel Ballard, Dr. Gabrielle Barber, Dr. Ian P. Best, Dr. James Chambliss, Dr. Mojgan Makki, Dr. Sundeep Singh Randhawa, Dr. Jasleen Singh

**PANEL OF EXPERTS:** Dr. Adrienne Adams, Dr. Arden Barnett, Dr. Wanda Cruz-Knight, Dr. James MacKenzie, Dr. Karen Pierce, Dr. Jennifer Thomas

**MODERATED BY:** Dr. Theodote Pontikes and Dr. Thomas DiMatteo

## CME Accreditation and Designation Statement

In support of improving patient care, this activity has been planned and implemented by American Psychiatric Association (APA) and Illinois Psychiatric Society (IPS). The American Psychiatric Association (APA) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The American Psychiatric Association (APA) designates this live activity for a maximum of 3.75 *AMA PRA Category 1 Credit™*. Physicians should claim only credit commensurate with the extent of their participation in the activity.



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## AGENDA:

- 8:00-8:20 am: Welcome/Introductions**  
*Dr. Theodote Pontikes and Dr. Thomas DiMatteo*
- 8:20-9:20 am: Case 1: Regulation Disorders**  
*Dr. Ian Best, Dr. Sundeep Randhawa, and Dr. James Chambliss*
- 9:20-10:20 am: Case 2: Trauma and the Impact of COVID-19**  
*Dr. Gabrielle Barber and Dr. Mojgan Makki*
- 10:20-10:30 am: Break**
- 10:30-11:30 am: Case 3: Developmental Disorders**  
*Dr. Jasleen Singh and Dr. Rachel Ballard*
- 11:30-12:00 pm: Panel of experts Q&A**  
*Dr. Adrienne Adams, Dr. Arden Barnett, Dr. Wanda Cruz-Knight, Dr. James MacKenzie, Dr. Karen Pierce, Dr. Jennifer Thomas*

(Each 1-hour case presentation will include treatment plan discussions from both the psychiatric and primary care perspectives, breakout discussion session led by an expert panelist, and a group expert panel discussion on best practice methods for each case.)

